Dear Parents/Carers,

Welcome to Term 4! We have some wonderful learning experiences and events planned for our students and community at Sefton Infants School during this last term of the school year. One such event is our celebration of Grandparents Day coming up soon. Grandparents Day acknowledges the vital role that grandparents play in our society, both as custodians of individual and cultural memories, and as providers of care, love and guidance to their children and grandchildren. In 2011 the State Government chose to recognise the contributions that grandparents make by launching Grandparents Day. Each year, Grandparents Day is celebrated in NSW on the last week of October. Grandparents Day recognises the irreplaceable role grandparents have in their families and the wider community.

Grandparents, parents and friends are all invited to join us on Friday 24 October 2014 to celebrate Grandparents Day at Sefton Infants School. There will be an open day from 2pm - 3pm where visitors can visit children’s classrooms. The children may read to their grandparents, play games, share their work or technology. The children will also display their learning about healthy eating by making a special afternoon tea for our grandparent guests. We are really looking forward to celebrating Grandparents Day and hope our families can attend.

Kind regards,

Sharna Labbe

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Principal’s Report

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Grandparents Day

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P&F Meeting

Our next Parents and Friends Association Meeting will be taking place on Thursday 23 October at 9am in the demountable room. All parents and interested community members are warmly invited to this meeting to talk about school happenings. We actively seek the input of parents and community members in planning for 2015. Please join us at this informal meeting where morning tea will also be offered.

Year 2 to Year 3 - Birrong PS

On Thursday 23 October at 2:30pm - 3pm, the Principal of Birrong PS will be visiting Sefton Infants School to talk to parents about students transitioning to Year 3. All parents are invited to attend this short meeting taking place at Sefton Infants School in 2 Yellow’s classroom.

Kind regards,

Sharna Labbe
School Photos

All students from Preschool to Year 2 will be involved in school photographs on **Wednesday 22 October**. Whole school, class and individual photos will be taken by visiting professional photographers. Information about the costing of photos has already been sent home with the students. If you would like to order any photographs, please complete the order form on the envelope distributed, enclose the exact payment required and return to your child’s class teacher by Wednesday 22 October. If you would like to order a family photo for siblings who attend Sefton Infants School and Preschool, please visit the school office to obtain a special order form.

It is vital that all K-2 students wear **full summer uniform** on the day of the photographs. This full uniform includes a red short-sleeved polo shirt, navy blue shorts or culottes (for girls), navy blue socks and black school shoes. Many families, as well as the school, purchase photos and want the photos and the school to be represented at its best. Therefore, it is very important for students to be in neat and tidy in their school uniform on the day. Thank you for your support.

View Street Entry to School

We are trialling the opening of the View Street School Gate for drop off and pick up times. Hopefully, the opening of this gate will help with car parking spaces and allow for easier access for families who leave on the northern side of the school. The gate on View Street will be open only from **8:30 - 9:30am** and **2:30 - 3:30pm**. The View Street gate will be closed at all other times for safety and security reasons. Parents and carers will need to ensure their child’s safe escort into the school grounds.

Tricks for Encouraging Kids to Read

Is your child a reluctant reader? Why not try helping them find the book that goes with a movie or DVD they’ve enjoyed, or are about to see. Encouraging your child to read can help them to build their imagination as well as giving them a better vocabulary. Kids who read different types of books develop a wide range of language skills and are better placed to understand different types of texts as they progress into high school. School A to Z has lots of tips and ideas on encouraging your child to read, at [http://bit.ly/HLPmB9](http://bit.ly/HLPmB9)

Kindergarten and Preschool 2015 Orientation Sessions

We are already getting ready for our new students who will be starting with us in 2015. The orientation sessions that will be happening this term are a very important part of the transition of students to school. Our Kindergarten Orientation sessions are scheduled for three Wednesdays from **5 November to 19 November (9:30 - 11am)**. Attending each of the three session is vital for our new 2015 Kindergarten students and their parents/carers to familiarise themselves with our school.

Our Preschool Orientation sessions will all be taking place on **Thursday 6 November**.

Letters will be sent to individual families who have successfully applied for preschool and Kindergarten placements for 2015. We are looking forward to meeting all of our new students and welcoming them to our wonderful school.
Healthy Eating

Sefton Infants School actively promotes healthy eating and good nutrition amongst its students with the daily food brought to school, as well as any activities taking place at the school. This term all classes will also be learning about what constitutes healthy food as part of their studies in Health and Personal Development. Your children may talk about their learning in relation to nutrition and healthy food choices at home. We strongly encourage our families to provide healthy lunches and snacks for our students to help their physical development and wellbeing, in addition to providing good energy for learning at school. Our students are looking forward to making a healthy afternoon tea for visitors to our upcoming ‘Grandparents Day’. Here is some more information about the importance of healthy eating …

Why eat fruit and veg everyday?
Fruits and vegetables are high in vitamins, minerals and dietary fibre, as well as being rich in antioxidants. Research shows that people who eat adequate amounts of fruits and vegetables everyday can help prevent:

- coronary heart disease
- some forms of cancer
- overweight and obesity
- constipation
- high blood pressure and blood cholesterol levels

Children need to eat vegetables every day...

Ideas for encouraging kids to eat vegetables include:

- baked beans on toast for breakfast or baked bean toasted sandwiches
- grated vegetables such as carrot and zucchini into stews, casseroles and mince
- salad in sandwiches or a small salad to go with a sandwich

DID YOU KNOW....

There are about 16 teaspoons of sugar in 1 600ml bottle of regular soft drink
At Sefton Infants School we are safe, respectful learners.

**SAFE:**
* Be in the right place.
* Move safely.
* Hands and feet to yourself.

**RESPECTFUL**
* Follow teacher instructions.
* Be kind to others. Let others learn.
* Care for our school.

**LEARNERS**
* Try your best.
* Be responsible for your own

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**This Week’s Award Winners**
Well done to all of our award winners! What a wonderful way to start Term 4.

**Bronze Awards - 20 Super Sefton Awards**
- Zain Mourad 2Y
- Dahlia Maarbanı 2Y
- Manahil Khan KB

**Silver Awards - 30 Super Sefton Awards**
- Jayanna Murphy KB
- Maria Alhashimi KB
- Hamze Elrich 1R
- Abdullah Alameddin KB
- Jade Potter - 1R

**Gold Awards - 40 Super Sefton Awards**
- Nathan Chau KG
- Hassan Dunia KG
- Elizabeth Banh 1R

**Platinum Award - 50 Super Sefton Awards**
- Menekse Yag 1R
- Mohammad Djouah 1R